

SBD

SOUTH BAY DIVAS

2023-2024

PROGRAM INFORMATION



TORRANCE | UPLAND
WWW.SBDALLSTARS.COM



Thank you for your interest in South Bay Divas. We look forward to you joining our family for the 2023-2024 season. At SBD, we pride ourselves on five key points that set us apart from other programs:

1. We are a D1 program with a small gym and family feel; across both location we create great friendships, program pride, and camaraderie.
2. Every athlete, regardless of location, will work with ALL SBD coaches. Each of our staff members brings a unique skill set that benefits each aspect of the athlete experience.
3. We place consistent emphasis on technique and proper progression where details matter for every program and age level. Our athletes are well-rounded and an asset in every area of the routine.
4. Our athletes' lives outside of the gym are equally important to us. Throughout the season, you can find our staff supporting our athletes by attending Friday night football games, quinceñeras, sweet sixteens, performances, and academic events to name a few.
5. As athletes grow in our program, they develop strong leadership skills. Many of these athletes become SBD staff members and positively impact our younger SBD athletes.

SBD is known for our innovative, boundary pushing routines that are delivered with technical ease and jaw dropping performance factors. Over the last decade, we have won a plethora of innovative choreography awards, division championships, level and event grand championships, NCA and Cheersport titles, as well as D1 and D2 Summit titles. We do not pre-select teams before evaluations; instead we assess the talent during the evaluation process and create teams based on where we see the greatest potential for development and competitive success. Our goal is to create passionate individuals with like-minded purpose, thus each team will be composed of athletes with similar skill sets, mental maturities, and work ethics. With open arms and a welcoming heart, we hope your athlete has confidence and finds their forever home here at SBD!

EVALUATION PROCESS



STEP 1: REGISTER FOR EVALUATIONS

Register by going to our website (www.sbdallstars.com) or via the link in our social media bio and select the location that you wish to be evaluated for "2023-2024 Torrance/ Upland Evaluations." You will be charged a \$50 non-refundable tryout fee, which will be applied towards your season registration fee once committing to the season.

STEP 2: ATTEND EVALUATIONS

Attend evaluation days based on the information below and make sure to bring a printed copy of your SBD Evaluation Form found at the end of this packet.

- Athletes should wear the following: Black athletic shorts, black sports bra or tank top, athletic/cheer shoes (no Vans, Converse, AirForces, etc.), hair in a high ponytail with a bow or scrunchie, and no jewelry

Following evaluations on May 22nd & May 23rd all athletes in attendance will receive an email notifying them of which call back group(s) to attend on May 24th.

MAY 22ND UPLAND & MAY 23RD TORRANCE

5:30 - 6:30 PM BRAND NEW TO CHEER | 6:30 - 7:30 PM AGES 5 - 9 | 7:30 - 8:30 PM AGES 10 -14 | 8:30 - 9:30 PM AGES 15 & UP
NON TUMBLE TEAM: MAY 23RD @ SBD TORRANCE 9:30 - 10:30 PM (AGES 16 AND UP)

MAY 24TH CALL BACKS (BOTH LOCATIONS)

5:30 - 7:00 PM BLUE GROUP | 6:30 - 8:00 PM BLACK GROUP | 7:30 - 9:00 PM WHITE GROUP

STEP 3: COMPLETE COMMITMENT PACKET

- Athlete placements will be emailed following the completion of evaluations and review by our staff. In your placement email you will receive our program policies and a link to complete the SBD Commitment Packet which will confirm participation for the 2023-2024 season. In the packet, you will fill out athlete and parent/guardian information as well as agree to program policies and financial commitment for the season.
- On your athlete's 1st practice day (June 5th or 6th) you will be charged the remainder of the registration fee.



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SEASON PRICING



HALF YEAR

JULY - NOVEMBER | DECEMBER - APRIL

Ages 3 through 18 - Split by ages based on registration

- Registration Fee: \$135
- Uniform: \$200 (Due: August 15th | January 15th)

Includes: Uniform Top, Uniform Bottoms, Bow, and T-Shirt

- Tuition: \$150 per month (Due: 1st of the Month)

Includes: (2) practice per week, (1) local performance, (1) competition, choreography, and music

NOVICE & NON-TRAVEL

JUNE 2023 - APRIL 2024

Tiny Novice: 2016 - 2020 | Tiny Non-Travel: 2016 - 2018

Mini: 2014 - 2017 | Youth: 2011 - 2016 | Junior: 2008 - 2015

Practices: (2) 1-1.5 HR practices per week AND (1) 1.5 HR team tumbling per month

Competitions: 1 Day Events (Note: Teams may compete on Friday evenings at some major events); Majority within 2 HR of gym location AND potential end of season event (*See below*)

Monthly Tuition	3 options to choose from	1st of the Month (June 2023-April 2024)
DIVA	Girls: \$165 per month Boys: Free	Facility fees, all team practices including any additional practices added prior to events
DIVA+	Girls: \$215 per month Boys: \$70 per month	Everything included in DIVA & 2 classes per week <i>Highly recommended for flyers and/or athletes looking to level up in tumbling and/or increase jump technique</i>
DIVApr	Girls: \$235 per month Boys: \$90 per month	Everything included in DIVA & unlimited classes <i>Highly recommended for potential center flyers and athletes looking to level up and/or be included in jump section</i>
Monthly Team Items		15th of the Month (June 2023-April 2024)
Team Items Fee	\$125 per month	Coaches fees, competition fees*, choreography, regular season routine upgrades, and competition music <i>*Excludes end-of-season events</i>
Other Fees		
Registration Fee	\$175	\$50 due when registering athlete for Evaluations June 5th/6th: \$125 Remaining Balance
SBD Practice Package <i>New in 2023-2024</i>	\$250	July 1st <i>Includes: (3) Custom T-Shirt/Tanks and (2) Custom Practice Sets [Shorts, Tank/Sports Bra, Scrunchie(s)]</i>
SBD Uniform Package <i>New in 2023-2024</i>	Girls: \$350-400 Boys: \$250-300	August 15th (CASH OR CHECK ONLY) Payment Split Available: July 15th & August 15th <i>Includes: Uniform top and bottom; For girls price includes bow & scrunchie</i>
SBD Competition Package <i>New in 2023-2024</i>	\$175	October 1st <i>Includes: Warm Up Jacket and Jersey</i>
USASF Fee	Paid by parent in USASF portal	By October 1st
Shoes	\$80 - \$100	Purchased as needed through SBD gym link
End of Season Event Fee	TBD	March 1st Teams must be chosen to attend event or obtain a bid to attend; event participation is non-elective



SEASON PRICING



ALL STAR TRAVEL

JUNE 2023 - EARLY MAY 2024

Tiny: 2016 - 2018 | Mini: 2014 - 2017 | Youth: 2011 - 2016 | Junior: 2008 - 2015
Senior Levels 1-5: 6/1/04 - 2011
Senior 6: 6/1/04 - 2010
Level 6 U18 NT: 2005 - 2010

Practices: (2) 2 hour & (1) 1.5 hour practices per week
Competitions: (4-6) Regular Season 1 and 2 Day Events | End-of-season travel event is non-elective

Monthly Tuition	3 options to choose from	1st of the month (June 2023-April 2024)
DIVA	Girls: \$219 per month Boys: Free	Facility fees, all team practices including any additional practices added prior to events
DIVA+	Girls: \$249 per month Boys: \$70 per month	Everything included in DIVA & 2 classes per week <i>Highly recommended for athletes looking to level up in tumbling and/or increase jump technique</i> Minimum Requirement For: Flyers and/or athletes not meeting level tumbling requirements
DIVApr	Girls: \$289 per month Boys: \$90 per month	Everything included in DIVA & unlimited classes <i>Highly recommended for potential center flyers and athletes looking to level up and/or be included in jump section</i>

Monthly Team Items	15th of the month (June 2023-April 2024)
Team Item Fee	\$160 per month Coaches fees, competition fees*, choreography, regular season routine upgrades, and competition music <i>*Excludes end-of-season events</i>

Other Fees		
Registration Fee	\$250	\$50 due when registering athletes for evaluation June 5th/6th: \$200 Remaining Balance
SBD Summer Camp	\$150	June 15th Youth Junior Senior teams only
SBD Practice Package <i>New in 2023-2024</i>	\$250	July 1st <i>Includes: (3) Custom T-Shirt/Tanks and (2) Custom Practice Sets [Shorts, Tank/Sports Bra, Scrunchie(s)]</i>
SBD Uniform Package <i>New in 2023-2024</i>	Girls: \$500-550 Boys: \$450-500	August 15th (CASH OR CHECK ONLY) Payment Split Available: July 15th & August 15th <i>Includes: Uniform top and bottom; for girls price includes bow & scrunchie</i>
SBD Competition Package <i>New in 2023-2024</i>	\$225	October 1st <i>Includes: Custom Team T-Shirt, Warm Up Jacket, and Jersey</i>
USASF Fee	Paid by parent in USASF portal	By October 1st
Shoes	\$80 - \$100	Purchased as needed through SBD gym link
CheerSport Fee	Girls: \$50 Boys: \$30	January 15th Team must be chosen to attend
End of Season Event Fee	Tiny Mini Youth: \$275 Junior Senior Girls: \$300-\$350 Boys: \$265-\$315	March 1st Team must obtain a bid to attend Event participation is non-elective <i>(Pricing varies based on bid type)</i>



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SEASON PRICING



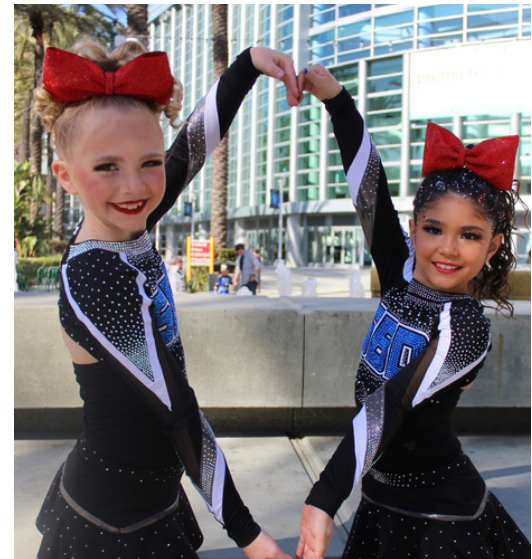
ALL STAR NON-TUMBLE TEAM

AGES: 16 AND OLDER

JUNE 2023 - APRIL 2024

Practices: June-August (1) 2-2.5 HR practice per week | September-April (2) 2 -2.5 Hour practices per week
Competitions: (3-5) Events - Combination of 1 & 2 Day Events

Program Fees		
Monthly Tuition 1st of the month <i>(June 2023-April 2024)</i>	Girls: \$85 per month Boys: Free	Facility fees, all team practices including any additional practices added prior to events
Team Item Fee 15th of the month <i>(July, September, November, January, and March)</i>	\$ 2 5 5	Coaches fees, competition fees*, choreography, regular season routine upgrades, competition music, SBD apparel package**, and uniform package*** <i>**Includes: (1) T-Shirt/Tank, (1) Custom Practice Set, Scrunchie, and SBD Jersey</i> <i>***Includes uniform top and bottom, and bow for girls</i>
SBD Summer Camp	\$ 1 5 0	June 15th
Shoes	\$ 8 0 - \$ 1 0 0	Purchases as needed through SBD gym link



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GENERAL PROGRAM POLICIES

- **Communication:** Our staff members always have your athlete's best interest in mind when making decisions and are open to discussing any questions or concerns you may have. To guarantee that the appropriate staff member(s) are involved and the best method of communication is selected to resolve any concerns, we require email communication to be sent to info@sbdallstars.com. Once the email is received an SBD staff member will follow up within 1-3 business days.
- **Absences:** An "absent request" form must be submitted TWO WEEKS prior to a missed practice– forms submitted after this deadline will not be accepted for review. In addition, no practices can be missed within TWO weeks prior to an event.
- **Crossovers:** SBD will offer athletes the option to be considered for crossing over to another team. Not all athletes that would like to cross over will be selected as it is dependent on the needs of each team. Additional crossover fees will apply (est. \$400-\$500 split into a payment plan.)
- **Fundraising Requirement:** To provide continuous improvements to our facilities (including upgrades, new equipment, guest coaches, etc.) SBD will host (1-2) **MANDATORY** fundraisers during the season. Families will have the option to participate in the fundraiser or opt-out and pay a flat fee.
 - Novice and Non Travel Athletes: \$50 per athlete | Travel Athletes: \$100 per athlete
- **Sibling Discount:** SBD offers a generous sibling discount as well as payment flexibility for those families with multiple athletes in our competitive programs
- **Tuition Discount:** Families paying their tuition in full by June 1st, will receive (1) free month of tuition; in addition athletes possessing a double full and/or standing full will receive a tuition discount
- **Friday/Saturday Practices:** We understand that families use the summer months for family time and travel, thus Friday/Saturday practices through 9/4 are optional attendance. Following our Back to School Break, teams will be assigned a specific day and time for their team tumbling (novice and non-travel)/ 3rd practice (travel) and attendance will be required
- **Competitions & Travel:** As part of our competition schedule, families are required to abide by specific travel days and times listed on the competition schedule. In addition, some events will require specific travel requirements for participation.
- **Payments:** On listed due dates your JackRabbit parent portal will be opened to make specified payment amounts. After 8:00 PM on due dates, accounts with outstanding balances will have the card on file charged. The following payment methods are accepted: Zelle, Check, or Credit Card
- **Drop Fee:** If an athlete or family voluntarily leaves the program for any reason between June 16, 2023 and May 6, 2024 or season completion – whichever is later, they are subject to a contract buyout of \$350 within 3 days of the drop fee posting.

Note, this list of policies is not comprehensive and additional policies are documented in our 2023-2024 Program Policies and Commitment Form, which is emailed with your athlete's team placement following evaluations. Families must agree to all program policies and financial obligations in order to participate.

IMPORTANT DATES

MAY 8TH - 18TH: Level Training

MAY 19TH: Parent Information Meeting

MAY 22ND: Upland Evaluations

MAY 23RD: Torrance Evaluations

MAY 24TH: Call Backs (Both Locations)

MAY 27-29TH: Memorial Day Closure

JUNE 5TH: Practices Begins

JUNE 24TH & 25TH: Stunt Choreography

JUNE 28TH - 30TH: SBD Summer Camp

JULY 2ND - 9TH: Summer Break

JULY 30TH - AUG. 7TH: Choreography

AUG. 28TH - SEPT. 4TH: Back to School Break

SEPTEMBER 24TH: SBD Summer Showcase

NOVEMBER 12TH: SBD Premiere

NOVEMBER 22ND - 26TH: Thanksgiving Break

DEC. 22ND - JAN. 1ST: Holiday Break

MARCH OR APRIL 2024: Picture Day

APRIL 21ST: SBD Finale

MAY OR JUNE 2024: SBD Banquet

Red text indicates GYM CLOSURE

- Additional choreography dates will occur throughout the season. We will notify families as soon as dates and times are confirmed.
- Competition Schedule will be released by early-September
- Note, SBD does NOT close for a spring break period as this time of year is crucial for end-of-season event preparation.



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SBD 2023-2024 EVALUATION FORM

Athlete Full Name: _____

Athlete Birth Date: _____

Program Interested In:
(Circle Choice)

Half Year	Novice/Non-Travel	Travel	Non-Tumble (Ages 16+)
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Location:
(Circle Choice)

SBD Torrance	SBD Upland	Either Location
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Does your athlete want
to crossover?
(Circle Choice)

Yes	No	Unsure at this time
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Parent Name: _____

Parent Email: _____ Parent Phone: _____

TO BE FILLED OUT BY SBD STAFF

Standing Tumbling Standing Tumbling Series Running Tumbling

None

None

None

Level 1

Level 1

Level 1

Level 2

Level 2

Level 2

Level 3

Level 3

Level 3

Level 4

Level 4

Level 4

Level 5

Level 5

Level 5

Level 6+

Level 6+

Level 6+

Stunt Position Experience:

Flyer	Base	Backspot
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Stunt Level Experience:

None	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6+
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Age Eligibility:
(Circle All)

Tiny	Mini	Youth	Junior	Senior
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